

HOW WE PLAY - TEAM

PRINCIPLESTHINGS WE THINK ARE IMPORTANT

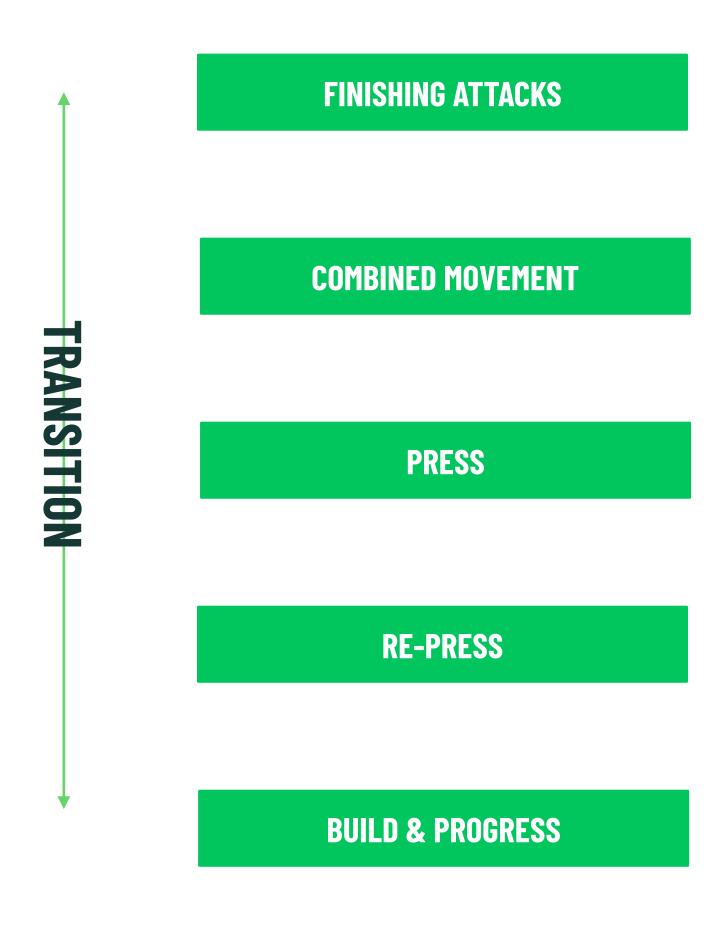
STRATEGIES FOOTBALL ELEMENTS THAT ENABLE WHAT'S IMPORTANT

TACTICS SOME IDEAS ON HOW TO ACHIEVE WHAT'S IMPORTANT

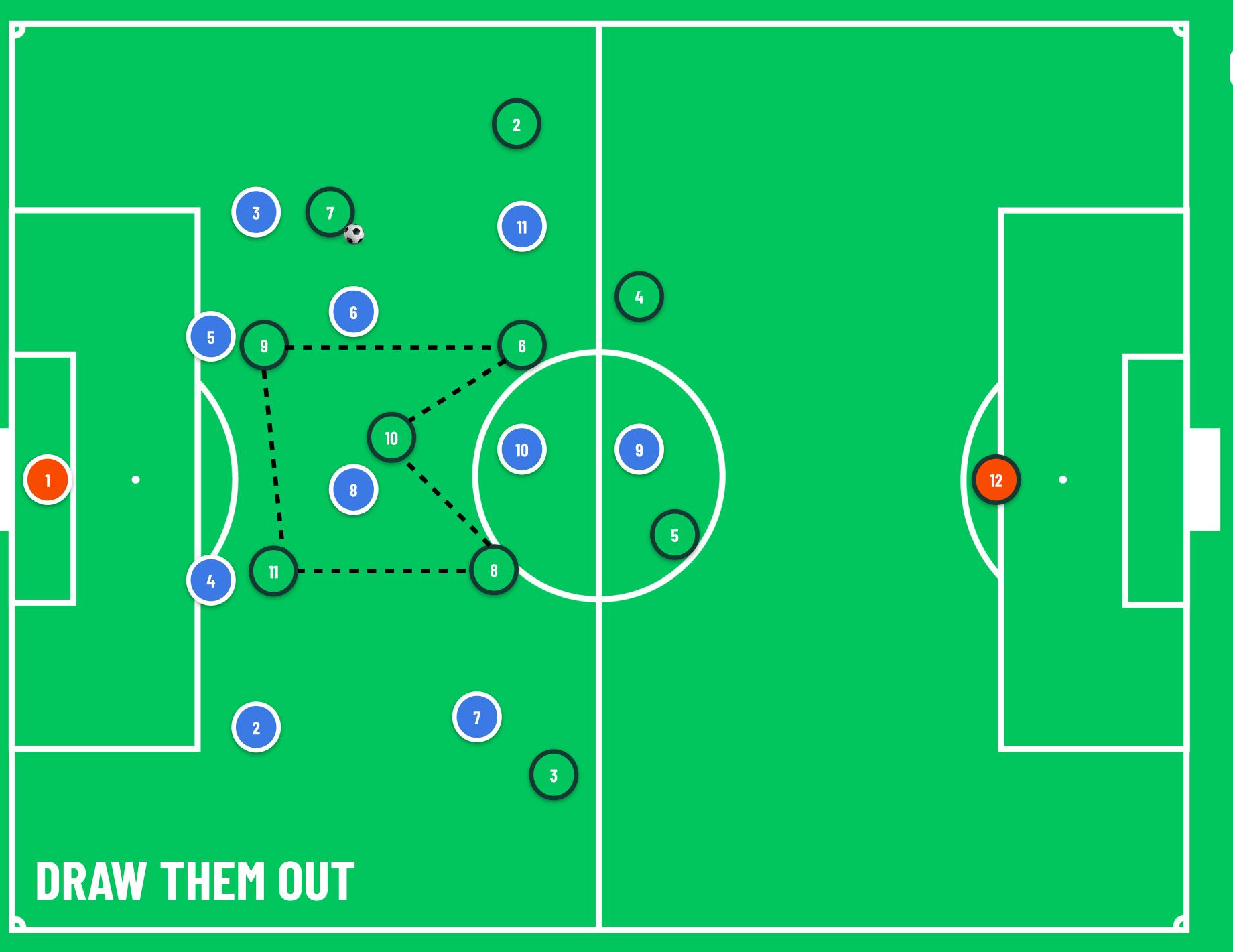
SCORE GOALS

STOP ATTACKS

START ATTACKS



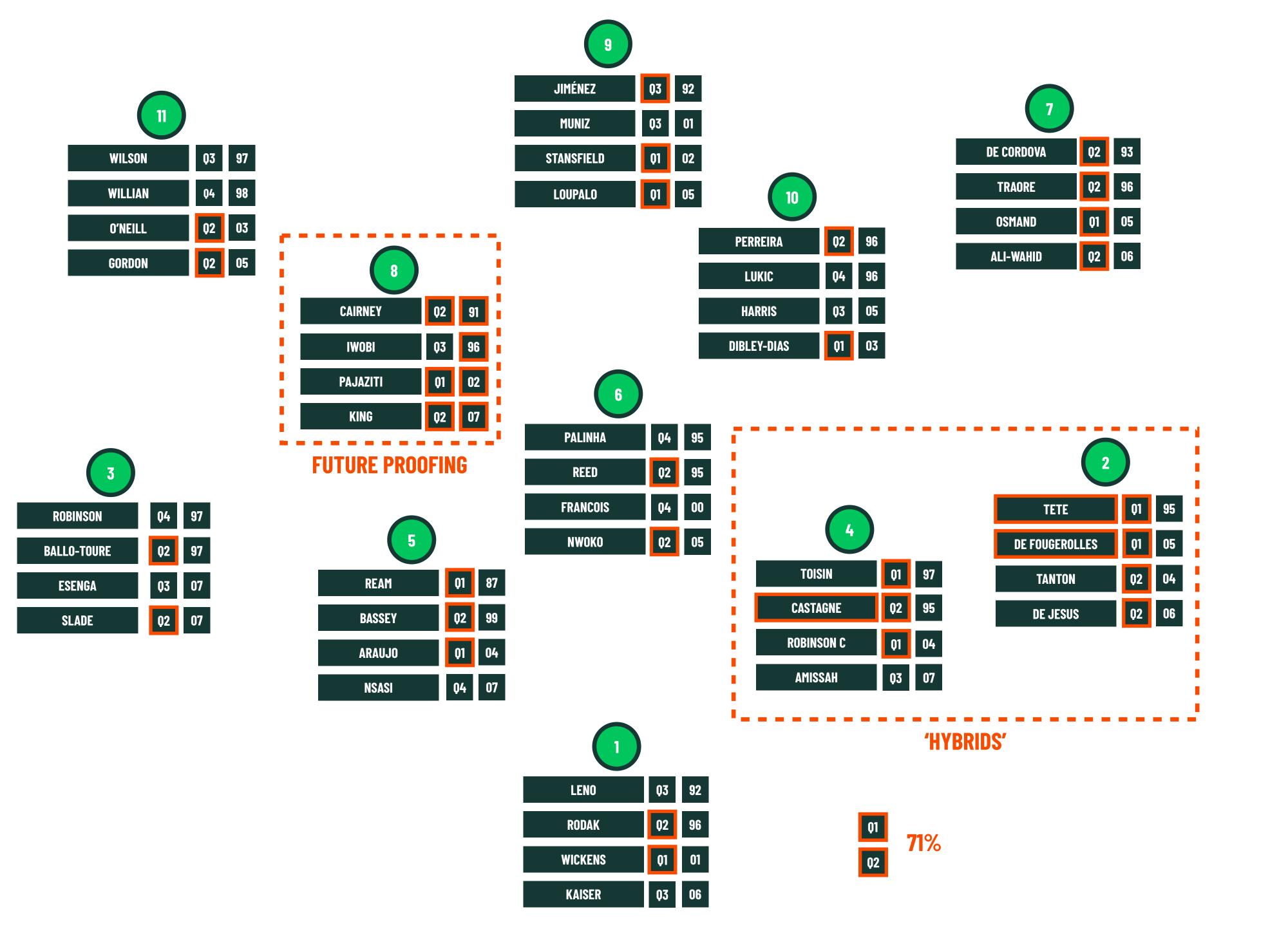
COMBINE CENTRALLY	WIDE TRIANGLE				
FAR-SIDE	DRIVE FROM DEEP				
INSIDE-OUTSIDE	OUTSIDE-INSIDE				
BEHIND-BETWEEN	BETWEEN-BEHIND				
PRESS VS. 2	PRESS VS. 3				
PRESS VS. 4	DEFEND OWN HALF & GOAL				
2 + 3	3 + 2				
2+1+2	2 + 2				
BUILD VS. 1	BUILD VS. 2				
BUILD VS. 3	BUILD VS. 4/5				



COMBINE CENTRALLY





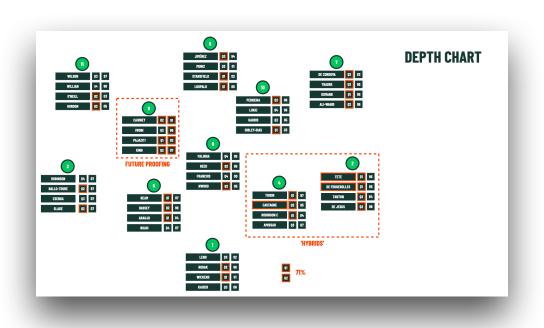


DEPTH CHART



PLAYING EXPOSURE 2023 MINUTES

	PREMIER LEAGUE	PREMIER LEAGUE 2	U18 PREMIER LEAGUE	INTERNATIONAL COMPETITION	FA CUP	NUMBER OF FULL 90'S (APPS)	TOTAL MINS	AVERAGE MINUTES PER APPEARANCE	PPG WHEN Starting	PPG WHEN NOT Starting
AMISSAH (06)	0	7	1,469	0	0	8 (22)	1,476	67.09	1.69	1.2
NSASI (07)	0	0	1,233	0	0	2 (24)	1,233	51.34	1.6	1.33
ALI WAHID (06)	0	0	927	245	0	1 (29)	1,272	43.86	2.11	1.11
DE FOUGEROLLES (06)	196	145	892	401	0	4 (27)	1,634	60.52	1.46	1.6
GORDON (07)	0	0	1,310	0	0	9 (18)	1,310	72.78	1.61	1.27
NWOKO (05)	0	0	1,107	0	0	4 (21)	1,107	52.7	1.36	1.71
DE JESUS (06)	0	0	1,002	0	0	2 (20)	1,002	50.1	1.33	1.47
KAISER (06)	0	0	414	0	0	4 (5)	414	82.8	-	-
IWOBI (96)	1,202	211	0	0	185	13 (34)	1,598	47.00	1.2	1.64
HARRIS (05)	473	175	210	0	69	4 (28)	927	33.11	-	-
KING (07)	209	35	372	0	0	1 (12)	616	47.38	-	-
MINUTES AVAILABLE	3,420	3,240	3,060	-	720	-	6,690	-		

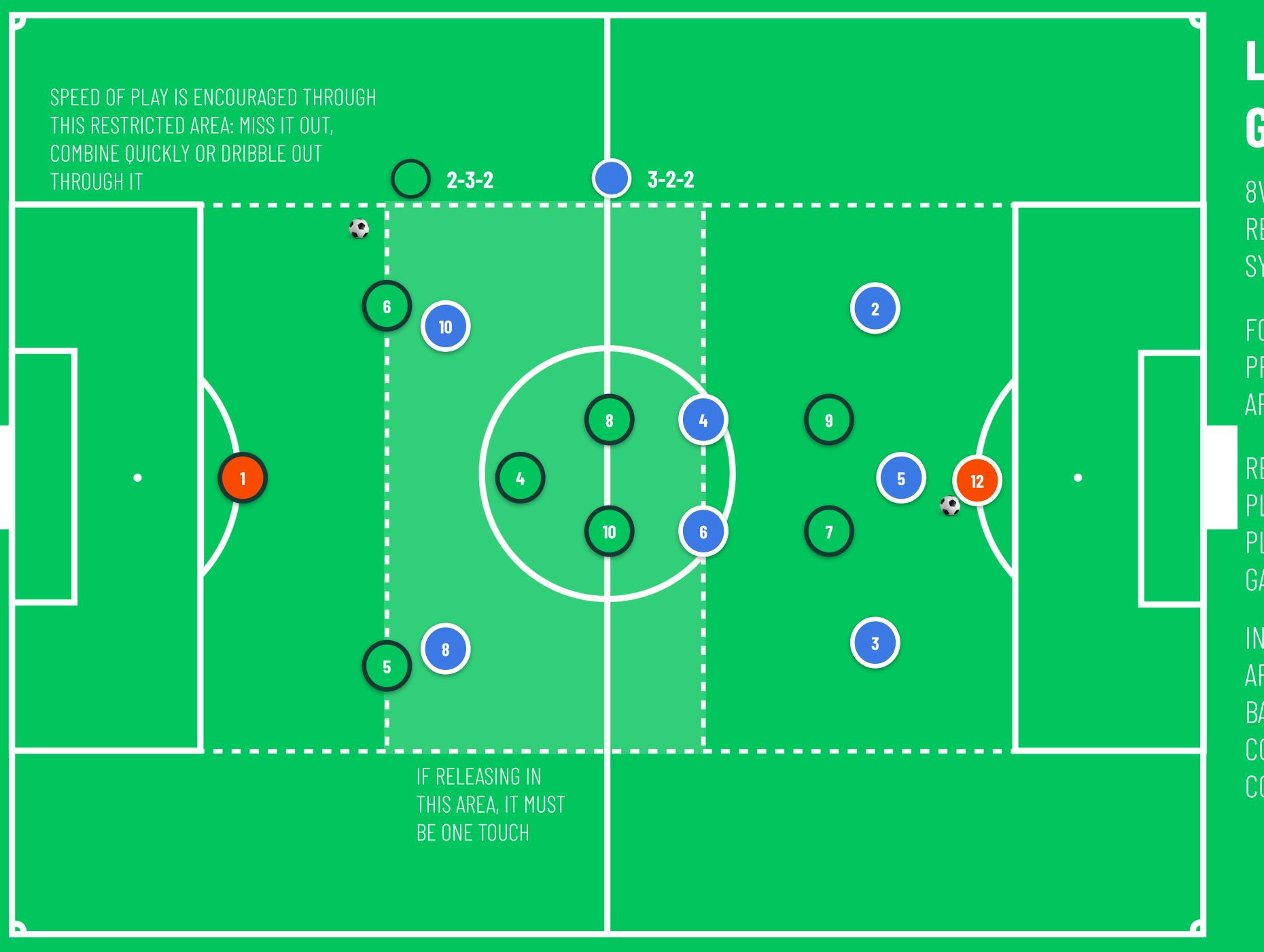


PLAYER IDENTIFICATION



PLAYER DEVELOPMENT

PLAYER PROGRESSION



LARGE-NUMBERED GAMES

8V8, WHICH PROVIDES A GREATER REFLECTION OF CERTAIN 11V11 SYSTEMS OF PLAY.

FOCUS ON BUILDING UP AND PROGRESSING THROUGH CENTRAL AREAS

RESTRICTION INTENDS TO SUPPORT
PLAYERS AND TEAMS TO PRACTISE
PLAYING QUICKLY AND SPEEDING THE
GAME UP

IN THE SLIGHTLY OFFSET CENTRAL AREA, PLAYERS MUST RELEASE THE BALL ONE TOUCH. A ONE-TOUCH COMBO RESULTING IN A GOAL COUNTS FOR TWO

PRINCIPLES OF PRACTICE DESIGN

REFLECTING THE TYPE OF TEAM WE ASPIRE TO BE

ALIGNMENT

Our coaching sessions are likely to be increasingly impactful when they clearly reflect the type of team we aspire to be. This can shift our focus from generic practices, or copying and pasting from other coaches to **an approach that aligns with our game model**.

Whilst game models can sometimes be interpreted as fixed, rigid and rules based – for example, we build attacks with three players in deep positions – I continue to highlight the importance of them being seen as **flexible frameworks that both players and coaches can make decisions** within and, as a consequence, vary those decisions dependent on the circumstances.

Similarly, the coaching sessions that enable the development of our game model are better shaped by **principles of practice design and training components** rather than core practices or playbooks that all coaches in a club are mandated to deliver.

My personal belief is that **core practices and playbooks erode coaching expertise**. This belief is grounded in the idea that such core practice recipes are good for simple tasks, like baking a cake, although less useful for complex tasks like player and coach development, which are unlikely to be suited to a set of specific instructions.

TRAINING COMPONENTS

However, often, the only thing human beings dislike more than rules are no rules. Hence, over time, I have committed to supporting coaches with **principles and ingredients, rather than rules and recipes**.

There are three training components, or practice types, that embody that commitment:

1. ACTIVATION

Practices that enable the players to prepare physically for the intended demands of the session. This physical preparation is blended with our game model.

2. SMALL-NUMBERED GAMES

Practices that enable fewer relationships and connections. These can be anything from one to six players on each or either team, for example 2v2, 3v2 or 5v5.

3. LARGE-NUMBERED GAMES

Practices that enable greater numbers of relationships and connections. These can be anything from seven players on each team.

MEASURE - WIN AND DEVELOP

ROUSING, RESPONSIVE AND RESILIENT

THE GAME

POSSESSION

25.7% INCREASE IN POSSESSION
16% INCREASE IN PROGRESSIVE PASSES

PPDA (PASSES PER DEFENSIVE ACTION)

24.9% REDUCTION IN HOW MANY PASSES THE OPPOSITION ARE ALLOWED

TOP FOUR FINISH
NATIONAL CUP WINNERS
CONFERENCE FINAL
CHAMPIONS LEAGUE QUALIFICATION

THE PLAYERS

% OF FIRST TEAM MINUTES PLAYED BY CLUB-DEVELOPED PLAYERS

79% INCREASE

AVERAGE AGE OF SECOND TEAM

2.74 YEARS YOUNGER

FINISHING ATTACKS

5% INCREASE IN EXPECTED GOALS

STOPPING ATTACKS

27% DECREASE IN EXPECTED GOALS AGAINST

% OF MINUTES PLAYED BY ACADEMY GRADUATES

47% INCREASE